



Free or Low Cost SEND Parent Courses in Gloucestershire

What is important to know

Most free SEND courses are not listed publicly – they are released through parent networks like GPCF. Gloucestershire County Council often funds short-term free courses, especially around EHCPs, behaviour, and wellbeing. Many organisations offer free webinars, even if in-person courses are paid

Key groups in Gloucestershire that offer parental SEND support:

1. Gloucestershire Parent Carer Forum (GPCF)

This is a central hub for SEND families in Gloucestershire. They regularly run free workshops, training sessions, and information events for parents.

Typical free sessions include:

- EHCP guidance
- Understanding autism
- ADHD support
- Navigating SEND services
- Parent wellbeing workshops

Unit 16, Highnam Business Centre, Highnam, Gloucester GL2 8DN

07572 986353

2. The Spring Centre (Spring Gloucestershire)

This is a non-profit organisation supporting families of disabled children. They frequently offer free donation-based courses for parents, including:

- Autism awareness
- Behaviour support
- Communication strategies
- Parent support groups

Gardner House, Olympus Park, Quedgeley, Gloucester GL2 4NF

01452 725935

3. Adult Education in Gloucestershire (County Council)

Although primarily adult learning, they run free courses for parents of SEND children, especially around:

- Family wellbeing
- Parenting strategies
- Mental health support
- Confidence building
- Digital skills for supporting children at home

These are often fully funded for parents on certain benefits or with SEND children

4-6 Commercial Road, Gloucester GL1 2EA

01452 583800

4. Active Impact

A disability organisation offering inclusive training for families. They often run free workshops on:

- Supporting disabled children in community activities
- Understanding inclusion
- Building confidence in SEND parenting

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5. PEAK – Parenting Empowered Autistic Kids

Although not Gloucestershire-based, they offer free online autism courses to Gloucestershire parents.

These include:

- Understanding autistic communication
- Supporting sensory needs
- Behaviour through an autistic lens